Please visit our website to find out more about the activities of Music Therapy New Zealand including

- Latest news and events
- Find a Therapist in your area
- Registration as a Music Therapist in New Zealand
- MusT Newsletter
- Our online journal
- Grants and scholarships

CONTACT US

MThNZ
P.O. Box 11531
Manners Street
Wellington 6142

www.musictherapy.org.nz

info@musictherapy.org.nz

Music Therapy New Zealand

TE RŌPŪ PUORO WHAKAORA O AOTEAROA

Championing potential and wellbeing through the professional use of Music Therapy

www.musictherapy.org.nz

About MThNZ

Music Therapy New Zealand is a membership organisation that serves to advance the provision of music therapy to all who will benefit from these services, and governs the ethical and professional standards of practice of NZ Registered Music Therapists (NZ RMThs) in working to enhance hauora and waiora of the people of Aotearoa New Zealand.

Our Purpose:

The purpose of Music Therapy New Zealand is to champion potential and wellbeing through the professional use of music therapy.

Our Values:

1. Waiora / Life: Promoting and working towards sustainability and a balanced, overall wellbeing.
2. Reciprocity / Whanaungatanga: Fostering relationships that are connected, reciprocal and inclusive.
3. Creativity / Auahatanga: Celebrating our diversity, passion, spark and vitality.
4. Professionalism / Te Taumata: Supporting and advocating for the highest quality, evidenced-based ethical practice with integrity and confidence.

Music Therapy is...

Music Therapy is an evidence-informed allied health practice in which NZ RMThs use music and musical-therapeutic relationships to support health and wellbeing (hauora).

Music therapy is a culturally responsive practice and in Aotearoa NZ, acknowledges Te Ao Māori understandings of interconnectedness between people, spirituality, and the environment.

NZ RMThs...

support individuals, whānau and communities to foster:

- connection (whanaungatanga)
- self-expression (whakapuaki)
- Learning (akoranga)
- rehabilitation (whakamātūtūnga)
- recovery (whakamāuitanga)
- growth (whai mātauranga)
- quality of life (hauora)

Who can benefit?

Music Therapy is effective with people of all ages and abilities, from newborn babies, through childhood and adolescence, to adulthood and the end of life.

Registration Board

The New Zealand Music Therapy Registration Board was established in 2000. It assesses Music Therapist's eligibility for registration (either Full or Provisional) within New Zealand and issues Annual Practising Certificates to those who meet the criteria.

Membership

Music Therapy New Zealand is a registered charity in New Zealand and relies on the generous support of donors and members to sustain its activities. There are many ways to support and advocate for Music Therapy in NZ, work with us as a sponsor, make a donation or become a member. As a member you receive a number of benefits, including the opportunity to be part of working groups and exclusive access to our online membership area.