

## Journal Policy

The New Zealand Journal of Music Therapy (NZJMT) is a peer-reviewed, open access and print journal, published annually by Music Therapy New Zealand (MThNZ) for music therapists, students, allied professionals, and others interested in music therapy. Our purpose is to raise awareness of music therapy and related approaches in the wider community, and to extend the knowledge and understanding of music therapists.

NZJMT promotes the values of Music Therapy New Zealand:

- Life / Ora: Promoting and working towards sustainability and a balanced, overall wellbeing;
- Reciprocity / Whanaungatanga: Fostering relationships that are connected, reciprocal and inclusive;
- Creativity / Auahatanga: Celebrating our diversity, passion, spark and vitality; and
- Professionalism / Te Taumata: Supporting and advocating for the highest quality, evidenced based ethical practice with integrity and confidence.

A wide variety of submissions will be considered, including (but not limited to): Practice-based, research, theoretical or case study articles about music therapy; less formal, practice-based or autobiographical articles for the Community Voices section; interviews; arts-based elements; student contributions; relevant articles about related fields or allied professions, if clearly relevant to music therapy practice; and book and resource reviews.

Authors and reviewers are asked to consider the relevance of their work to contemporary music therapy practice in Aotearoa New Zealand and to read past issues of the journal and to download the submission guidelines from <https://www.musictherapy.org.nz/journal>. First person writing is preferred, where appropriate. Note our use of EPICURE and IMRaD checklists for evaluation of articles, and requirements for formatting and referencing.

The journal publishes only original material, except where reprint rights have been sought for an article of particular relevance to music therapy practice here. Articles declined by the journal may be recommended for publication elsewhere, e.g. Music Therapy New Zealand's MusT newsletter.

No payment is made to or by authors or reviewers. MThNZ offers an honorarium to members of the editorial team and some advisers.

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