**Project example**

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| Project Title | Telehealth for Music Therapists |
| Applicant Details | Name:Registration Number:Email:Mobile phone: |
| Rationale | There has been a significant increase in demand for music therapy as the mental health of New Zealanders has deteriorated in the wake of the COVID-19 emergency. At the same time, the delivery of music therapy services has been tenuous as clinicians struggle with new telehealth methods or cease practising for periods of time. With Auckland now in a third Level 4 lockdown, the situation for some will have reached crisis point. It is crucial that music therapists know how to maximise the delivery of telehealth services to respond to this and other crises where they are unable to meet face to face with people in need.  |
| Purpose | To provide music therapists with resources that will maximise their potentials as telehealth professionals. |
| Project | I intend to facilitate an online seminar for music therapists. I will invite professionals from music therapy and related fields, who are experienced in technologies and/or the delivery of online therapy to share their expertise with music therapists. The online seminars will be delivered live, with numbers limited to ensure questions can be asked and discussion can take place but recorded to ensure a wide number of registrants can have access to the materials.  |
| Participants | The facilitators of the seminar could be:1. An IT specialist (maximising the use of online platforms)
2. A musician (music software applications)
3. A musician (engaging in online musical collaborations)
4. An experienced telehealth counsellor/psychotherapist (the strengths and pitfalls of online counselling)
5. An experienced telehealth music therapy (a case study in online music therapy)
6. An experienced telehealth music therapist (potentials for online music therapy across populations)
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| Timeline | * I anticipate that I will be able to organise the programme to be delivered in November 2021.
* The programme will be delivered over the period of one week.
* Registrants who attend live sessions will be asked to complete evaluations within two weeks following the seminar
* A further round of evaluations, for those who engaged with recordings, will be requested two months post-seminar
* I will be able to furnish the evaluation of my project by March 2022.
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| Estimated Cost | The six facilitators are estimated to spend 5-6 hours preparing and delivering their materials. Since they are experts in their fields, I anticipate that it will be necessary to pay approximately $70 per hour to secure their services.5 hours x six people x $70 = $2,100. |
| Other sources of Funding | Nil |
| Potential Long-term Funding | This is a one-off workshop series. If interest is high, and the workshops are deemed valuable, there may be potential for further self-funding workshops (with fees). |