

# Music Therapy Week

## November 14 - 20, 2022

### FAQ's

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#### What is Music Therapy?

Music Therapy is the planned use of music to assist with the healing and personal growth of people with identified emotional, intellectual, physical or social needs.

[What is Music Therapy?](#)



#### How do I become a Music Therapist?

NZ Registered Music Therapists must have completed an accredited Masters of Music Therapy course (or overseas equivalent) and must be registered and have a current practicing certificate with the MThNZ Registration Board

[Training to be a Music Therapist](#)

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#### How do I find a NZ Registered Music Therapist

Email us at [info@musictherapy.org.nz](mailto:info@musictherapy.org.nz) or visit our website to find one in your region

[www.musictherapy.org.nz/find-a-therapist/](http://www.musictherapy.org.nz/find-a-therapist/)



#### How can I support Music Therapy?!

Make a donation or become a friend member!

Visit [www.musictherapy.org.nz/supporting-us/](http://www.musictherapy.org.nz/supporting-us/)

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Music Therapy  
New Zealand

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