





## The Ronnie Gardiner Method Introductory Courses

Introductory courses in the Ronnie Gardiner Method are offered in Dunedin 24<sup>th</sup>- 25<sup>th</sup> June 2019; Christchurch 4<sup>th</sup>- 5<sup>th</sup> July 2019; Auckland 10<sup>th</sup>-11<sup>th</sup> July; and Auckland 13<sup>th</sup>-14<sup>th</sup> July 2019

Numbers are limited to 20 registrants at each venue.

Developed by jazz musician Ronnie Gardiner, the Ronnie Gardiner Method is a cheerful, structured, multi-sensory exercise method for the brain, in which rhythm and music are used to stimulate memory, balance and motor skills. Originally intended to help children with musical and motor development, the method has been used successfully in groups with stroke, Parkinson's disease, depression, multiple sclerosis, as well as healthy aging.

Taught by RGM practitioners Ronnie Gardiner (Sweden) and Mariken Jaspers (Netherlands), the course is suitable for practitioners who work with individuals or groups, in neurological rehabilitation or with older adults, who want to supplement their work with this innovative technique.

A follow up course for full recognition as an RGM practitioner will be in held in November/December (dates to be confirmed). To participate in the follow-up course, attendance at this introductory course is mandatory.

For further information and registration contact Tina Eliott t.eliott@auckland.ac.nz ph 09 373 7999 ext 83274

For further information about the Ronnie Gardiner Method go to https://rgm-nederland.nl/site/

> Sponsored by the Neurology Special Interest Group of Physiotherapy New Zealand, Brain Research New Zealand and supported by Age Concern







## Ronnie Gardiner Method Registration form

This 2-day course is useful for practitioners who work with individuals or groups, in neurological rehabilitation or with older adults. It is suitable for practitioners trained in physiotherapy, occupational therapy, diversional therapies, care assistants working in these settings and education (remedial teachers, coaches).

## Registration details

Name	)				
Position			Organisation/ Company		
Email			Phone		
Dietary Requirements Please tick		□ Nil □ Vegetarian □ GF □ DF □ Vegan □ Other:			
Special Requirements (eg Mobility parking)					
Registration Fees (Tick applicable)					
	PNZ Neurological SIG member			\$50	
	Other health professionals (e.g. other Physio, OT, Nursing)		\$200		
	Support s	port staff (e.g. Diversional Therapist, Care Assistant) \$50			
	Student			\$50	
Payment details will be provided once registration is confirmed					
Please indicate your choice of course by ticking the relevant box					
	Dunedin:	: Age Concern Offices, 9 The Octagon,			
	Monday 2	londay 24 <sup>th</sup> , Tuesday 25 <sup>th</sup> June 2019, 9 am to 5 pm both days. Lunch provided			
	Christchurch: Age Concern Offices, 24 Main North Road, Papanui				
	Thursday 4th, Friday 5th July 2019, 9 am to 5 pm both days. Lunch provided				
	Auckland: University of Auckland, Tāmaki Campus, 261 Morrin Road, Glen Innes				
	Function Hall 730/220				
	Wednesday 10 <sup>th</sup> , Thursday 11 <sup>th</sup> July 2019, 9 am to 5 pm both days. Lunch provided				
	Auckland: AUT North Campus, 90 Akoranga Drive, Northcote, Room AA127				
	Saturday	aturday 13 <sup>th</sup> , Sunday 14 <sup>th</sup> July 2019, 9 am to 5 pm both days. Lunch provided			