Greetings from a grey and cold Taranaki. This issue of MusT looks forward to Spring and signals our Conference at the Holiday Inn on the Avon in Christchurch on October 2nd and 3rd. Every Conference, even the smallest, necessitates much work to make it successful; we are so fortunate that we have enthusiastic committees who are prepared to do all those extra tasks to ensure everything
runs smoothly and is of the highest possible standard. We certainly have a very impressive programme and thanks in advance to those who have offered papers, workshops, posters, and everyone involved in the organisation and administration.

Our Conferences have always been notable for their warmth and friendliness as well as their professionalism. The opportunity to network with colleagues as well as socialize is part of the benefit so do make a special effort to join us in Christchurch at the beginning of October.

In the past few weeks I have had the occasion to be sorting through personal and work records, books and newsletters acquired and kept over many years. It is a temptation as well as an opportunity to remember and reflect on the past and where we have come from, as well as looking at where we are now. The Society was incorporated in 1973 and our first Conference was held two years later in 1975 – 35 years this year.

Since the first Conference we have had attendance of up to 100 participants on some good occasions so we hope this year will be one of those very successful years. Perhaps all members could take the opportunity to advertise the Conference widely and share the information with colleagues and friends from other disciplines.

This year is an election year and to prepare for the Annual General meeting the process starts with nominations for ETPP Forum, with nomination for President and two lay members of Council prior to the A.G.M. This year is the first year since the initial election that an election has been needed for ETPP as in the recent past names nominated have been less than the seven required. It is good to see that we now have more members who are interested and prepared to work within the organisation. As is inevitable, this change points us towards administrative areas that need adjusting as our numbers change and grow. You can be assured that your Council is alert to the need for progressive administrative changes and will attend to these as they become obvious.

ETPP Forum elects three representatives to Council and it has been a privilege working with ETPP members this year. We have been impressed with the quality and quantity of work they have been prepared to attend to and they have been a pleasure to work with. We are losing Marie Bagley as she is preparing to get married. We wish her and her future husband every happiness and success in the future. Marie and Kathryn Stevenson have spent many hours of time with the portfolio on the HPCA Act. Council thanks them sincerely for all their work in that area.

In the last issue of MusT I wrote that Council had decided to experiment using Skype for meetings. Our practices worked well. We have had two meetings in Wellington this year, one in February and one in May and we do acknowledge that some face to face meetings are important; however we are trialing a shorter monthly meeting on the fourth Wednesday of each month for the next few months. It is hoped we can attend to all business at these monthly meetings. Council members are spread right throughout the country so we hope we can use technology successfully.

Our Administrator Lynn is still on maternity leave (she now has a little boy Theo) and our sincere thanks must go to Morva who has been Acting Secretary and handling all the administration plus conference registration. We may be a relatively small society but we seem to generate a large amount of secretarial work and our thanks do go out to Morva. We also extend thanks to Petra Press, the Registration Board Registrar, who has stepped in and cheerfully helped with organisation and minutes for two full days of
meetings in Wellington plus other associated work. Thank you Petra.

Finally our gratitude is extended to the students, Principal and staff of Rangi Ruru Girls’ School in Christchurch. Every year the students organise a concert and donate any profit to a charity of their choice. We were very moved to be chosen as their Charity for this year. Our President Daphne was in Christchurch and able to attend the concert and she was most impressed with the quality of the items. It was an outstanding evening. We are extremely grateful for their interest and generosity.

We are certainly in the winter mode as I finish this but, just once more, don’t forget October in Christchurch will be spring and what could be nicer. I will look forward to seeing as many of you as possible in Christchurch then.

Notes from the May Council Meeting
by Judy Field, Chair MThNZ

The Council meeting was held in the Music Therapy Room, New Zealand School of Music, Wallace Street, Wellington on 23 May, 2010 at 9am. Two apologies: Daphne Rickson and Judy Oakden.

It was decided to call for Case Studies from music therapists to create a resource that will help position music therapy to be recognised as a legitimate service. A draft case study template will be prepared and Heather will write an article for MusT explaining the use of the case studies.

The HPCA Act portfolio will be closed as ETPP has decided not to reapply under the new regulations and instead to join the Allied Health Professionals Associations’ Forum. This will require a Standards of Practice document to be prepared and work on this has commenced. Council ratified ETPP’s decision.

Skype Meetings. A decision was made to hold a Skype meeting on the 4th Wednesday of each month. Agenda and paper work will be circulated prior to each meeting.

As the Chair will be absent during July, Heather Fletcher is to be acting chair at that time and also will be part of the Secretariat for that period.

Council responded to a request for Conference Proceedings and is preparing costings to see if this can be managed.

The annual contract for the Administrator was due for review and renewal. Lynn is happy to accept renewal and Council were happy to renew this contract.

MThNZ Brochures were discussed in response to a request from ETPP. Agreement was reached on allocation of these and Heather will advise music therapists of this on Forum.

In response to a library query for music therapy resources it was suggested that MThNZ enquire with the National Library about the possibility of getting resources in the National Library which would then be available for all to borrow via library interloans.

A link to the CeleBRation Choir will be installed on MThNZ webpage.

Grants committee tabled grant applications – all high quality. These will be finally decided once fund availability is determined, to cover as much as possible.

The Acting Secretary will write to Sarah Hoskyns congratulating her on becoming a member of the International Scientific Committee for World Congress.

Considerable time was spent working on Conference matters.

The meeting closed at 4:30pm.
Notes from the Education, Training and Professional Practice Forum (ETPP) May Meeting

by Heather Fletcher, ETPP Convenor

ETPP met for their second meeting of the year on 22nd May 2010 at the New Zealand School of Music in Wellington.

Preparations for the MThNZ Music Therapy Conference 2010, to be held in Christchurch in October, are going well. ETPP have been working alongside Council and the Conference Committee to help put together what promises to be an exciting programme, as well as helping with other organisational matters. ETPP are also organising a Professional Development Day for RMThs on the Monday following conference. This will include an improvisation workshop, resource sharing and another workshop to be confirmed. More details are available for member RMThs on the RMThs Online Forum.

Following a lively debate on the Registered Music Therapists’ Online Forum regarding individual music therapists’ promotion of music therapy – sparked by a request from current students for guidelines on this issue – ETPP agreed to produce a resource with suggestions for promoting music therapy in New Zealand. It was recognised that music therapy is a relatively young profession in New Zealand and many RMThs rely on self-promotion in order to create work opportunities. At the same time, it was agreed that there needs to be some consistency in the promotion of the profession as a whole. We hope that RMThs will find this a helpful resource.

The RMThs Online Forum is proving to be a valuable resource for RMThs – a place to discuss issues related to music therapy, share ideas and information and provide formal and informal resources. As the use of Forum evolves, we are finding the need to ‘fine-tune’ its structure and capacity, and we are grateful to Council for the financial support being provided to utilise the services of the Webmaster in order to achieve this.

As well as focusing on music therapy in New Zealand, we have also been developing Trans–Tasman connections, via Anja Tait, of the World Federation of Music Therapy. We are currently looking at how we can strengthen these connections, for the mutual benefit of New Zealand and Australian music therapists. Our thanks to Megan Berenston-Glass for her work in this area.

As members will be aware, MThNZ have spent a number of years working towards music therapy becoming regulated under the Health Professionals Competency Assurance Act (HPCA Act). This involved extensive research and consultation, culminating in an application for regulation under The Act being submitted to the Ministry of Health. Following a recent review of the Act, MThNZ were asked to re-apply under the new criteria. Following further consultation with the RMTh membership and Dr Marwick, formerly a senior official within the Ministry of Health, who was also involved in the review, ETPP decided to recommend to Council that this is not pursued, as it was not in the best interests of the profession. Despite this outcome, it was agreed that the process has been a valuable one for the profession, in terms of its development, identity and integrity. ETPP would like to thank Marie Bagley and Kathryn Stevenson for their work on this, as well as all the other RMThs who have been involved in this process over the years.

Bringing this process to a conclusion now means we can focus our energies on alternative options for increasing the clinical status of music therapy in New Zealand, such as becoming part of the Allied Health
Professional Associations’ Forum (AHPAF), which we are now actively pursuing. As part of this process the Registration Board have been asked to develop Standards of Practice, in line with other Allied Health Professional Associations. Sarah Hoskyns has kindly agreed to be the representative for MThNZ on the AHPAF.

Other portfolio holders and working parties continue to strengthen links, field enquiries and advocate on behalf of their RMTh colleagues in the areas of Special Education (Daphne Rickson, Karen Twyford, Carolyn Ayson & Ruth Armstrong); Health (Ajay Castelino); ACC (Marie Bagley); and Student Liaison (Andrew Tutty). Thank you to all for this valuable work.

Finally, voting for the new ETPP Forum closes on 30th June, so the next report will come from the newly elected Forum. I would therefore like to thank all ETPP members for their dedication and hard work over the past three years.

Portfolio Updates

SPECIAL EDUCATION PORTFOLIO
by Karen Twyford

As noted in the last update a submission was prepared in response to the Special Education review document released at the end of last year. Key points of this response were given by Daphne Rickson, Carolyn Ayson and Karen Twyford in an oral submission to a panel which included the Associate Minister of Education, Hon Heather Roy on 22nd March.

In the last update the CLICKSpecialEDnz website was mentioned. Ruth Armstrong has agreed to moderate the site on behalf of ETPP and would like to liaise with other Music Therapists working in special education to gather relevant information and resources to share on this online learning community. Ruth plans to co-ordinate contributions under three main categories including resources and assessments; professional development; and links to useful websites. The site can be accessed at http://www.clickspecialiednz.com.

In April, Daphne Rickson and Karen Twyford met with Judy Matthews, Senior Project Officer – The Arts, following an initial approach from her on behalf of Karen Sewell, Secretary for Education and Chief Executive for the Ministry of Education. The meeting focused on various aspects of music education for young people with special education needs and highlighted the ways music therapists work in a range of educational settings. An invitation was extended to Karen Sewell to observe some examples of music therapists at work, for which she was thankful but currently unable to fulfil.

Work is currently underway to update the ‘Making music with children with special needs’ resource on the TKI website – a bilingual online learning centre which is an initiative of the Ministry of Education. Additionally, plans to liaise with the NZ Curriculum Board on ways in which key competencies can be addressed in music therapy are being considered.

ACC PORTFOLIO
by Marie Bagley

A MThNZ–Council endorsed letter was sent to ACC in March this year suggesting that they consider conducting a second Evidence-Based–Review of music therapy given that almost five years have passed since the initial review was conducted in July 2005. A literature search was attached which highlighted a further 25 studies that Education, Training and Professional Practice Forum (ETPP Forum) believe warrant inclusion in a second review. The letter also requested that ACC clarify their current policy for funding of music therapy services as Registered Music Therapists had reported cuts in funding to ETPP Forum over the previous six months.
To date no response from ACC has been received and a follow up letter has recently been sent from the MThNZ President.

I am hoping soon to hear from the Royal Hospital for Neuro-Disability, London that their Music Therapy Neurology Network has been updated so that I may join on behalf of MThNZ and gain access to research articles relevant to rehabilitation.

**HPCA ACT PORTFOLIO**

by Marie Bagley and Kathryn Stevenson

A letter dated 17th May 2010 was received by MThNZ from the MoH reporting on the result of the consultation proposing new criteria for determining whether a health profession should be regulated under the HPCA Act. It stated that the Minister has approved the new criteria which will come into effect from July 2010. The letter also stated; ‘On the basis of these matters, the Minister has decided to require the music therapy profession to re-apply under the new criteria.’ No specific comment on our submission was made.

Following the HPCA Act consultation workshop hosted by ETPP Forum in August 2009 at which Dr Marwick (a previous employee of the MoH who was involved in the review of the Act last year) presented, this was the type of response ETPP Forum and Council had anticipated. Informal correspondence with several other professions who had their application process put on hold whilst the review of the Act was conducted have indicated that they have received similar feedback.

On the recommendation of the HPCA Act portfolio holders and ETPP Forum, Council have endorsed the recommendation that pursuit of regulation under the HPCA Act be discontinued at this point in time and that seeking alliance with the Allied Health Professional Associations’ Forum proceeds. It is recognised that not re-applying for regulation under the HPCA Act at the present time does not prevent MThNZ from doing so in the future if this is deemed appropriate. In light of the above decision, the HPCA Act portfolio has been closed.

A letter has been sent to the Ministry of Health informing them that the music therapy profession shall not be re-applying under the new criteria at this present time.

**NEW PORTFOLIO: DEVELOPING AREAS OF THE MUSIC THERAPY PROFESSION**

by Andrew Tutty

It was recently identified that music therapists are expanding their areas of work in New Zealand. The recent growth in numbers of music therapists is creating opportunities in populations where gaps in services may previously have been. Music therapists are being employed in ways that reflect the increasing awareness of the value of music therapy by service providers.

Part of the service that Music Therapy New Zealand provides is to manage portfolios that attend to all aspects of the music therapy profession. Due to the emerging nature of the music therapy profession in New Zealand, there is now a need for a portfolio to note and manage developments as they occur. This new portfolio is intended to:

- find where Music Therapists work now, and explore new and different areas for employment opportunities; and
- find possible future areas for development, and manage aspects relating to the growth of music therapy in new areas.

Interest from the music therapy community in this new portfolio is welcomed and involvement is encouraged; currently the portfolio is being managed by Andrew Tutty, RMTh.
Rangi Ruru Girls’ School Cultural Concert

by Daphne Rickson

In April we received a message from the Head of Cultural Activites at Rangi Ruru Girl’s School in Christchurch, suggesting that the profits from their annual cultural concert on the 3rd of June would be donated to Music Therapy New Zealand. We were delighted with this kind and generous gesture because the donation will be extremely helpful for our work. But in addition, being beneficiaries meant that information about music therapy was on the programme and we received a brief mention during the concert in front of several hundred people. This certainly helped to raise the profile of music therapy which is one of our primary aims.

I was lucky enough to be able to arrange other work duties in Christchurch to enable me to attend the concert. It certainly was a treat to see and hear very high class kapa haka, drama, dance, vocal, jazz ensemble, and orchestral performances. We worry about music education in schools – there is not enough time for the arts and teachers struggle to provide opportunities for musical interaction during class time – but being witness to this concert was reassuring. I imagine that the majority of the girls are involved in out-of-class cultural activities, but regardless of where their talent was fostered it was wonderful to see and hear such ability among our young people. This event therefore highlighted three blessings – the arts are alive and well at Rangi Ruru, we gained a high profile for music therapy, and there will be money to do more for music therapy in New Zealand.

Raukatauri Music Therapy Centre Update

by Claire Molyneux, Head of Clinical Services, RMTC

As winter sets in, the staff at the Raukatauri Music Therapy Centre are now well settled into our new premises in Grey Lynn. We have received encouraging feedback from our clients about the move, with families commenting on the Centre’s relaxed and welcoming atmosphere.

This year saw the Centre receive a grant from the Lottery Community Sector Research Committee to fund our first formal research project in partnership with Unitec Associate Professor Eileen Piggot-Irvine. This Action Research project will investigate and improve the process of goal setting and review at the Centre. Given the wide range of disabilities and needs that music therapists work with, individual goal setting is an integral part of clinical practice, and yet little has been written about how to include the voices and opinions of the client, parents/carers and other professionals in this process. The research project seeks to identify effective ways of working collaboratively to ensure that goal setting and reviewing is meaningful and relevant to all those involved.

Other recent developments have included an Outreach project in a care facility for adults with intellectual disability. Russell Scoones, RMTh, has travelled to Helensville once a week to deliver music therapy to a group of adults who have received virtually no therapeutic intervention since being de-institutionalised four years ago. The work has focused on creating a safe space for the residents to experience and express themselves using music. This is a new initiative for the Raukatauri Centre and while our core business is to deliver music therapy to children with special needs, we are keen to
build on the opportunities to develop Adult Outreach projects within the community.

In July, Alison Cooper, RMTh, will be undertaking voluntary work in Rarotonga with a Speech Language Therapist and Special Needs Teacher from Carlson School for Cerebral Palsy. Their visit will be coordinated by the Cook Islands Ministry of Education and Alison will be working with Performing Arts Lead Teachers in schools and facilitating two workshops.

The therapists are once again turning their hands to performing. Come to our fundraising concert on Saturday 7th August at the Baptist Tabernacle in Auckland. The concert will feature the CeleBRation Choir, a viola sextet, wind quartet, ukulele duet, piano music for six hands, original songs by RMTC therapists Rebecca Travaglia and Russell Scoones, and a fun piece for performers and audience arranged by Alison Cooper. We are proud to be joined by several talented volunteers and Julie Herbert who is a regular at Orewa’s Centrestage and grandmother of one of our clients.

For more information on other events and news please visit our website:
www.rmtc.org.nz

CeleBRation Choir Update
by Alison Cooper and Laura Fogg

A standing ovation was the audience’s response to The CeleBRation Choir’s performance for the Auckland Volunteer Stroke Scheme Annual Conference in June. The choir is an exciting initiative of the Centre for Brain Research (The University of Auckland) – a Community Music Therapy Choir for people living with a neurological condition, including patients, carers and supporters. After several months of working steadily towards this performance, everyone felt both excited and nervous, and pulled together to bring off a heart-warming performance of unison and part-songs. The Stroke Volunteers particularly appreciated a solo performance of Pokarekare Ana from a choir member with aphasia following a stroke. The choir has a strong social dimension and no one was in a hurry to leave afterwards.

The choir is becoming a nucleus of rehabilitation research and community involvement at The University of Auckland. The establishment of the choir has occurred at the same time as other exciting developments in brain science; namely the establishment of the Centre for Brain Research and the establishment of the Tamaki Clinics at The University of Auckland. It is planned to grow and develop the rehabilitation research for neurological conditions at the University, and the choir will form a central part of these developments. Initial funding for the choir was provided by Music Therapy New Zealand and the University continues to fund the work of the music therapist involved, Alison Cooper.

The choir has attracted widespread interest, particularly following articles in the Listener magazine and local newspapers. Alison gave a presentation, “Music Therapy and the CeleBRation Choir”, at Brain Day in Auckland in March, and Alison and Laura have had papers accepted for both the Australian and New Zealand music therapy conferences later this year. A CeleBRation Choir feature has
been recorded by Mike Gourley for Radio New Zealand National’s programme “One in Five”, to be broadcast in late June or July.

The choir meets weekly at The University of Auckland Tamaki Campus. We welcome new members and visitors, and have fielded inquiries from around New Zealand. For further information and choir dates, please visit our website:


Alison Cooper
Registered Music Therapist

Laura Fogg,
Communication and Liaison Manager
Centre for Brain Research
The University of Auckland.

Case Studies Needed – Promotion of Music Therapy in New Zealand

by Heather Fletcher

ETPP and Council are embarking on a project to develop packages relevant to specific job areas for music therapists, e.g. Health, ACC, Special Education, which can be used to highlight the efficacy of music therapy interventions in these areas of work. This information will be used to help increase awareness of music therapy at Government as well as management levels, which in turn we hope will help position music therapy to be recognised as a legitimate service, thus increasing work and funding opportunities for Registered Music Therapists (RMThs) in New Zealand.

ETPP will soon be inviting RMThs to submit a brief case study, linked with relevant references, to be included in these packages. It is hoped to collect a range of case studies, (e.g. children, adults and the elderly). To encourage RMThs to write these, a template or framework is being developed and peer support will be available if required.

Registration Board Update

by Claire Molyneux, Chair of MThNZ

Registration Board

The Registration Board had its first 2010 meeting in April following the introduction of the Continuing Professional Development log and the alignment of registration dates. Although these changes meant that there were a large number of renewals, the new procedure and CPD log assisted this process greatly. The Board was impressed by the standard of CPD logs submitted and hope that Registered Music Therapists will continue to find this a helpful way of keeping track of their professional development.

The Board is also in the process of looking at Standards of Practice for the profession. This is a project that is being undertaken in partnership with ETPP and we will keep the membership updated on our progress.

The next closing date for applications and renewals is 1 October 2010.
NOTE: The last two rounds of applications to the modest Lindgren Project Fund have been full and exciting. Some of the 2010 budget was used to allow some of the 2009 good quality projects to proceed, and the 2010 budget is now fully extended.

Council has therefore decided that there will be no further Lindgren Project grants this year. It will try and establish whether 2011 can accommodate more funding for this important area of music therapy practice, research and public awareness. But fiscal responsibility has to prevail, and regretfully, no September 2010 round of grant applications or considerations will take place.

Latest News About Conference

A full outline of all papers (11 of them), workshops (3) and posters (2) plus biographies of the people contributing to the programme, is now on the web-site. We will have a shortened version of all the papers/workshops and posters for each of you at Conference. You will get the full, rich flavour of the exciting material to be presented by looking at www.musictherapy.org.nz  Do make up your mind to come!

The theme “Playing In Tune – Working Collaboratively in Music Therapy” was a good choice judging by the number of papers prepared by more than one person, and by the range of content relating to client environment, various approaches used, the place of assessment in practice– it is a rich programme which will both engage and extend both the music therapy practitioners and members of the public. We do hope that Canterbury people will come to sample music therapy.

The Christchurch group (Megan Spragg, Kimberley Wade, Liz Wallace, Anna Wang and Sophie Buxton are meeting regularly and have been a great help “on the ground” in respect to getting the venue determined, starting to interest businesses in a Trade Display and generally raising the profile of Conference.

There was much discussion about providing a good fun environment for the Conference Dinner. Kim has sent this description of the interesting place that has been selected.

“Santorini is a fully licensed Greek restaurant, located on the corner of Gloucester St & Cambridge Tce, Christchurch City, right by the Avon river and near the Cathedral. The speciality of this restaurant is the live music. The ‘Santorini Brothers' perform your favourite Greek music every night, with the sound of the bouzouki creating a warm party atmosphere. They are used to catering for large groups, with a set menu that will fill you up. But don’t worry as you will be dancing it off with the catchy music pretty soon after. So get your dancing shoes on, and get ready to enjoy yourself.

http://www.santorini.co.nz/index.htm

A REGISTRATION FORM IS ATTACHED TO THIS ISSUE OF MUST. SO ENCOURAGE YOURSELF AND OTHERS TO COME TO CHRISTCHURCH IN OCTOBER.
REGISTRATION FORM
Music Therapy New Zealand (MThNZ) 2010 Conference,
2 - 3 October, Holiday Inn on Avon, Christchurch
‘Playing in Tune – working collaboratively in music therapy’

Name: ........................................................................................................................................

Phone: ............................................. Email: .................................................................

Address: ...................................................................................................................................

Conference Registration Fee - fee includes attendance of seminars, morning & afternoon tea and lunch

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Special dietary needs: ............................................................................................................

Total enrolment fee $.....................

Payment can be made by direct credit to NZSMT’s bank account ANZ 010546 0093990 00. Please ensure your name and the word “conference” are shown. Alternatively payment can be made by cheque, made out to “NZSMT”.

Accommodation: information available from M.O.Croxson@massey.ac.nz - please make your own booking.

Please return the enrolment form and payment/advice of payment no later than Friday 3 September 2010 to Morva Croxson, 175 Amberley Avenue, Palmerston North, 4412.

Refund Policy: If you cancel your registration before 17 September 2010 a refund will be made, less an administration fee of $50 (incl. GST). After 17 September 2010 there will be no individual refunds unless the conference is cancelled. Refunds will not be made after 17 September 2010 except in special cases of medical or family emergencies. Registrations are transferable. Please advise MThNZ in writing of the details of the transfer of attendance. MThNZ reserves the right to cancel or reschedule this conference if necessary.