

musT

a newsletter from



music therapy
new zealand

Te Roopu Puoro Whakaora o Aotearoa

the new zealand society for music therapy inc
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www.musictherapy.org.nz

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Chair: Heather Fletcher

President: Daphne Rickson

Administrator: Lynn Gestro

New Chair for MThNZ

During the AGM held at the 2010 MThNZ Conference a new Chair was elected to take Music Therapy New Zealand forward for the next three years. Heather Fletcher, who previously held the position of Convenor for

the Education, Training and Professional Practice (ETPP) Forum is the new chair of MThNZ Council. Judy Field, outgoing chair is still lending her depth of experience to MThNZ Council as one of two co-opted

members. ETPP Forum's newly elected Convenor is Andrew Tutty. MThNZ Council is currently comprised of: Heather Fletcher, Chair & ETPP rep; Daphne Rickson, President; Lay members – Linda Wilson and Janine Stewart; ETPP reps – Andrew Tutty (ETPP Convenor) and Megan Berenston-Glass; Co-opted members: Judy Field and Morva Croxson. MThNZ Council members have a wealth and breadth of experience leaving it well-equipped to lead MThNZ through its next phase of growth. Council wishes everyone a caring festive season with your families and friends. The "From the Chair" will resume in the first 2011 edition of Must.

Obituary: Te Puoho Katene 1927 – 2010

by [Morva Croxson](#)

The 1996 Annual Report of this Society paid tribute to our kaumatua, Te Puoho Katene who was stepping back from this position for health reasons, with the following words:

"From 1991 Te Puoho has offered leadership to the Society as Kaumatua often leading Conference with a powhiri. From his inclusive approach to all people he has provided us with timely and sensitive advice about our relationships with people of other cultures while his gentle leadership and direct action has given us confidence in our own increasing awareness of tikanga Maori. He has made a unique and very special contribution to the development of music therapy in New Zealand."

Te Puoho Katene died on June 27, 2010.

From Ngati Toa Rangatira and Ngati Tama descent, Te Puoho was a composer and director who did much to bring Maori music to a wider audience, especially in the fields of choral music and music education. He studied music as a mature student at Victoria

University to enhance his understanding of all music, and he wrote some of the first scholarly articles about music of his people (see footnote for these references). He came from a family of musicians, composers and scholars.

Quoting from the SOUNZ website, Tariana Turia, Maori Party Co-Leader and Member of Parliament for Te Tai Hauauru described Te Puoho as a man who for decades has been using his love for music to help heal others in need.

"He was a great believer in the power of music and its ability to heal and I know he will be missed by hundreds of children and people with special needs who grew so fond of him. The Maori and New Zealand music circles are also at a loss today but we can rest knowing that Te Puoho left for all of us a legacy of music and compositions that will live on."



Puoho Katene pictured with composer Anthony Ritchie at a NZSME conference in Wellington a few years ago.

Besides being the recipient of a QSM, Te Puoho Katene received many honours in his lifetime. From SOUNZ again "In 2005 Te Puoho (83) was honoured with a Te Waka Toi Kingi Ihaka Award and with a life membership from the New Zealand Society for Music Therapy. He was also held with high regard by the New Zealand Maori Chorale, National Male Choir of New Zealand, International Society for Music Education, SOUNZ, Toi Whakaari – NZ Drama School for

his contribution to choral music through composing, arranging and conducting choirs, mainly church related.”

Music therapists knew Te Puoho as a friendly, approachable wise man who supported music therapy in everything we asked of him. We mourn him, yet celebrate his wisdom and musicianship which we were privileged to share.

Articles referred to above:

1. “Maori Music: An Interaction between the community and the experts in cultural survival” for July 1988 International Society for Music Education Commission on Community Music Activity, held in Wellington New Zealand.
2. “Nga Waiata Manawa: Songs of the Heart” in 1991 Annual Journal of the New Zealand Society for Music Therapy Inc.

Obituary: Virginia Madigan

by [Morva Croxson](#)

In Palmerston North Virginia Madigan became better known in the fields of private music teaching and church music than she was in the music therapy world. Always interested in, and supportive of, music therapy, she was however a valuable member of the New Zealand Society of Music Therapy National Executive for two years, 1996 and 1997. These were the days when regional branches and geographical representation on the national governance body provided the framework for developing music therapy in this country. Virginia represented the Manawatu Branch with commonsense and a deep appreciation of the hurdles facing a fledgling society.

Virginia worked with music in Brightwater Home for the Elderly for a few years, following in the footsteps of Margaret Tully, who had attended several of the early accreditation training programmes in music therapy run by the Society. Margaret sought

the advice of a qualified music therapist regularly, as did Virginia. Both women were effective and passionate musicians who delivered a flexible, planned programme which followed along therapeutic lines.

St Patrick’s Cathedral benefited from Virginia’s skills as church organist and she was assiduous in practice before every type of service. This dedication to “getting the music right” was the message she gave her piano students over many years of private music teaching. She loved nurturing the musicianship that she felt was in every child.

About three or four times a year Virginia would meet up with Sister Gemma Findlay (who also was a supporter of music therapy in her work for children who are deaf) and Morva Croxson for coffee and a catch up about music therapy matters nationally. She never lost interest in us all.

Playing in tune – working collaboratively in music therapy

by [Morva Croxson and Heather Fletcher](#)

That title of the Music therapy New Zealand Conference held in Christchurch inspired a healthy contribution of 13 papers, 4 posters and 3 workshops presented over two days.

Who were the collaborators? They came from a range of disciplines –speech and language therapy, occupational therapy, staff at special schools, health professionals and from caregivers. Sometimes they spoke alongside their music therapy colleagues; often they had contributed to the programme content and research that was talked about.

The work base for music therapy practitioners was varied. Daphne Rickson, from her Senior Lecturer position at the New Zealand School of Music, delivered a Major Address overview of the music therapy consultation protocol used in several special

schools as a basis for her near-completed Ph.D. Heather Fletcher's paper examined the way music therapy is utilised in the West Coast District Health Board CAMHS (Child and Adolescent Mental Health Service); she was one of 12 people working in a collaborative setting. Others who were in special education school environments included Karen Twyford (with Christian Wright) in the Kapiti Coast area, Ruth Armstrong (with Edwina Burke and Elizabeth Skivington) in Tauranga, Liz Wallace (with Susan McDonald) at the Therapy Professionals Group in Christchurch and Wellingtonian Andrew Tutty who worked in Kimi Ora School. Overviews of single client situations where family members were colleagues came from Carolyn Ayson who worked in a "social partner" model with a 3 year old boy with Autism Spectrum Disorder, while Claire Molyneux, Head of Clinical Services at the Raukatauri Music Therapy Centre in Auckland, talked about working collaboratively in supervision with a focus on thinking systemically in music therapy practice.

Music therapists who focused on a theoretical or a research approach to collaboration were Associate Professor Sarah Hoskyns, Director of the Master Of Music Therapy two-year course at the New Zealand School of Music, who spoke about "Collaborative Conversations in Focus Group Research", and Dunedin music therapy practitioners Penny Warren and Natalie Nugent who posed the question of how to prioritise and manage caseloads when working with group organisations.

Auckland-based Neil Jourdan discussed the use of the Ministry of Education's project, Assessment for Learners with Special Education Needs, to provide prompt feedback on music therapy sessions. Also based in Auckland, from the newly formed Centre of Brain Research, came an exciting report on the positive effect of singing in a group

named the CeleBRation Choir. Music therapist Alison Talmage presented this report together with Laura Fogg from the Centre.

The Opening Address from Professor Garry Hornby from the University of Canterbury College of education talked about "Collaboration in the Age of Inclusion - Implications for Music Therapy" This had an historical and practical perspective which music therapists found to be very helpful; it "grounded" the mixed-messages about the most effective environment for children with special needs around at the moment. Professor Hornby advocated what he termed "moderate inclusion" where the real-life needs of the client were determined individually and educational placement and support services were adjusted accordingly. He felt strongly that this was possible and in the client's best interests.

Any Conferences related to music need active music making to come alive, and a group improvisation session led by Marie Bagley and Russell Scoones from the Raukatauri Music Therapy centre provided a much appreciated group session on Sunday. Also three workshops filled the music involvement need very well. Neil Jourdan had a group exploring Boomwhackers and their music therapy application and Ajay Castelino provided the same exploration in a session titled "When My Guitar Gently Plays". Dance and music therapies came together when music therapist Rebecca Travaglia and dance therapist Anaia Treefoot led a "The Dancing Connection" movement and music session.

Finally three excellent posters gave conference registrants the opportunity to absorb facts and examples relative to collaboration with music therapy. The Raukatauri Music Therapy Centre team (Claire Molyneux, Marie Bagley, Rebecca Travaglia and Russell Scoones) covered healthy relationships between parents and children with special needs while addressing

developmental needs. Music Therapy group work with six adolescents with cerebral palsy was presented by Alison Talmage and Georgina Willy, while Karen Twyford's poster focused on interactive workshops to provide ongoing support and idea exchange for school and early childhood staff using music with children with special educational needs.

Notes from the November Council Meeting

The Council meeting was held in the Music therapy Room, New Zealand School of Music, Wallace Street, Wellington on 7 November, 2010 at 9am. There were no apologies.

New Council member, Janine Stewart was welcomed, and Andrew Tutty as the new ETPP Convenor.

Conference 2010 overview: the ETPP meeting gave a full overview of Conference. In addition Council endorsed formulating guidelines for the conference programme subcommittee to provide clarity for future conferences.

Publication of "A Collection of Conference Notes from the 2010 Music Therapy New Zealand Conference" was endorsed, to be available at cost from the Administrator. This would be considered as a pilot scheme to gauge effectiveness.

A paper is to be assembled on "Clarification of Protocol for Speakers at Conference" to cover new developments in paper contribution from members and non-members.

Journal Editor: Karen Twyford had agreed to be re-appointed Journal Editor for 2011; this was confirmed by Council.

Website and Website Proposal: The website proposal for improvements to the MThNZ website put forward by the Webmaster was approved by Council.

Review of Strategic Plan: A strong

recommendation through ETPP asked for a Strategic Planning Day, following on from the previous day held on 17th November 2007, from which a Business Plan was drawn up. Strategic Planning is needed now due to changes in persons involved, the present economic climate and new directions taken requiring a review to focus on the future for MThNZ and music therapy generally. Members of MThNZ would be given the opportunity to convey items of relevant interest to be considered prior to the meeting.

2011/2012 Subscription Fees: Much discussion was held about increasing the membership, especially Friends. Council decided that subscription fees for Friends, Corporate and students remain static while raising professional fees relative to the cost of living. 2011/2012 fees: Friend \$40; Corporate \$80; Student \$40; RMTh \$135.

Council Meeting Dates 2011: NZSM plan a Music Therapy Event on November 12/13 2011 "Celebrating Practice-Based Research" with Professor Denise Grocke. This would provide a focus for a non-conference year. A Professional Development day could be planned around this event. A PD Day is already planned for February 4th 2011. The next face to face meeting for Council will be on March 13th following on from an ETPP meeting on March 12th. The AGM and ETPP/Council meetings are planned for the weekend of 16 and 17 July 2011.

Council also spent considerable time in the meeting working on finance and budgetary matters and viable projects for MThNZ Council and ETPP for the 2011/2012 year and beyond.

The meeting closed at 4:10pm.

Lindgren Project Fund

MThNZ Council has made the decision to concentrate 2011 funding from the Lindgren Project Fund on a major internal initiative for the coming year, namely the Music Therapy

Promotional Project. As such, regrettably no external applications will be considered for 2011.

Notes from the Education, Training and Professional Practice Forum (ETPP) November Meeting

The newly elected ETPP Forum met face to face for the first time on November 6th in the Music therapy Room, New Zealand School of Music, Wallace Street, Wellington at 9am. Apologies were received from Ajay Castelino and Ruth Armstrong.

ETPP Convenor: After work-load discussion Andrew Tutty was elected the new Convenor for ETPP.

Conference 2010: General discussion was held about the post-earthquake situation, the many donations obtained by the Christchurch committee, and the need for more publicity. A detailed discussion was held on the feedback received from the conference evaluations. The number of evaluation forms submitted was high and content was accurate. The points made would be conveyed to Council. There had been many enquiries at Conference for publication of Conference papers.

Music Therapy Promotional Project: A detailed tabled report "Music Therapy Promotional Project Paper - October 2010" was the basis of positive and useful full discussion. The MTP paper covered the background to the DVD project (beginning with MThNZ's September meeting with the IHC Media team); the purpose of the proposed DVD plus the need to upgrade the current website to accommodate this type of promotional material. It was agreed that the proposal put forward by the Webmaster was fully acceptable and reasonable in price. It was decided that all Registered Music

Therapists could be considered for content provision. The progress on this planned project was both positive and productive.

2011 Meetings: two face-to-face meetings and two Skype meetings are planned for 2011.

Discussion also covered improvements to the Online Forum, co-option of a student member to ETPP, graduate packs, strategic planning, Allied Health Professionals Forum (AHPAF) and portfolio updates (Special Education and Professional Development portfolio updates can be found in this edition of Must).

Heather Fletcher was thanked as outgoing ETPP Convenor and wished well for her new role as MThNZ Chair. Heather thanked all ETPP members for their contribution and hard work. The meeting closed at 4.15 pm.

Portfolio Updates

SPECIAL EDUCATION PORTFOLIO

by Karen Twyford, ETPP Forum

On October 20th, Rodney Hide, the recently appointed Associate Minister for Education, released the awaited ministry's response to the Review of Special Education entitled "Success for All - Every School, Every Child". The government intends to achieve a fully inclusive education system in New Zealand by 2014 and the response highlights a number of important changes that will impact music therapists. These include 1) an increase in the number of students who are ORRS funded; 2) a requirement for schools to demonstrate inclusive practices, with a system for National Standards to assess, track and report on the learning and development of children and young people with special education needs; 3) specialist teachers (including those based at special schools) to increase itineration to regular

schools; 4) changes to the way the Resource Teacher: Learning and Behaviour (RTLb) service is managed; 5) a more flexible service for students with sensory impairments. Further information can be found by accessing the ministry's response document on the Ministry of Education website.

As mentioned in the last update, in April, Daphne Rickson and Karen Twyford met with Judy Matthew, Senior Project Leader for the Arts, on behalf of Karen Sewell, Secretary for Education and Chief Executive. This meeting focused on various aspects of music education for young people with special education needs and highlighted the ways music therapists work in a range of educational settings. Subsequently, Karen Sewell expressed interest in visiting a music therapist at work in a school and was able to visit Karen Twyford while she was working at Mana College in October.

Congratulations must also be extended to Daphne Rickson for completing her music therapy doctoral thesis which focuses on inclusive education practices. Well done Daphne!

PROFESSIONAL DEVELOPMENT PORTFOLIO

by Megan Berentson-Glass, ETPP Forum

The PD day following conference in Christchurch in October was a very successful event, with much positive feedback received. I would like to thank the facilitators of the workshops for their practical and enjoyable sessions – Susan de Jong from the Christchurch Jazz School (improvisation workshop), and Neil Jourdan, NZ RMTh (boomwacker workshop). The day ended with time for resource sharing.

MThNZ are currently looking into possible dates to hold a professional writing skills workshop in the first half of next year. Further information regarding this will be on the website as soon as it is available.

An opportunity has presented itself to hold a workshop in February, facilitated by Alan Courtis, an Argentinean musician who specialises in working with people with disabilities. He will be travelling around New Zealand early in 2011, and will be in Wellington on the 4th of February. He will give a one hour talk on his work on this field, followed by a break and then a one and a half hour practical workshop, all in the music therapy department of the NZSM. This workshop will be open to members of the public, and prices will range from \$15 for NZSM music therapy students, to \$50 for members of the public, with discounts for MThNZ members.

Please note that this workshop is on the Friday prior to the weekend of the Rugby Sevens tournament, and Waitangi Day celebrations (and the Bob Marley birthday celebrations!). This does mean that flights will be more costly for those wishing to attend from out of Wellington; however there will be plenty of things to see and do in the city that weekend if you do choose to attend!

Life membership bestowed upon Marjorie Orchiston

by Barbara Mabbett

As the profession of Music Therapy has now become securely established in this country, it is timely to honour a woman whose understanding of the power of music has enriched the lives of innumerable New Zealanders for at least sixty years – Marjorie Orchiston.

Marjorie's name is known to many people, throughout the country, who had young children in the fifties and beyond, and who recall the 'Listen with Mother' programmes on national radio. In collaboration with the story-teller Kate Harcourt, Marjorie planned, played and sang the songs, chants and musical games which parents and their

children loved to share. Long before the term 'music therapy' became current, she was using music to enhance the lives of individuals and groups from toddlers through to people confused by dementia, restricted by illness, or facing the end of life. She collaborated with the late Mary Brooks, a pioneer music therapist, to produce two books of practical, imaginative guidance for people offering musical experiences to clients in rest homes and other care facilities.

She has shared her wisdom in lectures to music therapy students at the New Zealand School of Music, lighting the path for others to follow. And she has been generous, too, in her financial support.

Marjorie continues to sing and play whenever the need and opportunity arise. She combines a profound musical knowledge with a passion for communicating the joy of music, and great empathy with people.

Music Therapy New Zealand is delighted to confer on this long-standing member the honour of Life Member of the Society.

Karen Sewell visits Mana College, October 2010

by Karen Twyford

Karen Sewell, Secretary for Education, and Judy Matthew, Senior Project Leader for the Arts, recently joined a small group music therapy session at Mana College in Porirua. We were initially told that Karen planned a 30 minute visit and were really pleased when she was able to stay for a whole hour including music making and some discussion afterwards.

Background: The weekly music therapy group which involves six ORRS funded students from the Special Needs Unit at Mana College has been running for the duration of Term 3 and 4 this year. Prior to Karen's visit

only five students had been attending the session on a regular basis.

A number of the staff at the unit have musical expertise and use music within the daily classroom routine in a variety of ways including, regular informal singing sessions which aim to build on basic musical skills; a Performing Arts group and Kapa Haka group; School concert performances; access to mainstream music education; and use of music for focused work and relaxation.

While music is used regularly within the Special Needs Unit, the introduction of music therapy has provided staff with the opportunity to develop skills to use music effectively with students with high needs to promote social, communication, emotional and cognitive goals. The sessions involve a variety of structured and improvised vocal and instrumental activities with a focus on students creating and responding to spontaneous music making with each other.

The long term goal is for the work to be handed over to appropriate unit staff, and as such I have been working closely with one of the teacher aides at the unit, who is also a skilled musician. As music therapist, my role includes introducing suitable activities and ideas for the students, modeling approaches and ways of using music effectively with the students with high needs and providing opportunities for discussion regarding various aspects of the sessions including student responses.

On the day: The group were excited that Karen and Judy were visiting and our visitors arrived as planned. Unfortunately two of our regular attendees were absent on the day and our sixth student decided he would attend for the first time in 11 sessions. Prepared for all eventualities, we commenced the session with our usual introductory chant. Karen, keen to participate actively in the session, was immediately involved and welcomed by

the students. She sat amongst the students, participating in various vocal and instrumental activities; engaging with students on a creative and non-verbal level through an instrumental conversation activity; and took a turn to set a groove in some group drumming.

Following the session, Karen noted the engagement, participation and enthusiasm of the students that she had observed in the session. She was interested to discuss the way in which the session could promote student achievement and provide skill development for school staff. Karen expressed her enjoyment at the opportunity to visit and take part in the session, and asked if she could visit the group again.

It was wonderful to meet Karen and to offer one example of how young people with special educational needs can be involved and successful in the music therapy setting.

Early Childhood Online Magazine

by Morva Croxson

If you have not already explored this new online publication click on to www.imagine.musictherapy.biz

It is sponsored by the American Music Therapy Association (AMTA). "The vision of **imagine** is to enhance the lives of young children and their families through music by sharing knowledge, strategies, ideas, and government related issues with colleagues around the world."

In exploring this website one found a New Zealand page contributed by Karen Twyford with help from Fiona Hearn. It reads well about us and gives a full coverage of early childhood music therapy writing and work here. It is interesting to compare our page with that of other countries.

Imagine is free and accessible to everyone. Do have a look!

Raukatauri Update

by Anne Bailey, Director, Raukatauri Music Therapy Centre

Although the core work of the Raukatauri Music Therapy Centre – working with children with special needs – does not change, each year brings new challenges and opportunities for the Centre, and 2010 was no exception.

The RMTC clinical team began a research project, delivered workshops throughout the year, presented at several conferences, and maintained their caseload of just over 100 clients each week. The Centre also began a project working with six adult clients, as full fee-paying work.

The research project, headed by RMTC Head of Clinical Services Claire Molyneux, is a collaborative project to review goal setting for clients' therapy. It is funded by a \$19,000 grant from the Lottery Community Research Committee and, as well as the RMTC clinical team, involves parents and teachers. A leading research advisor from Unitec, Associate Professor Eileen Piggot-Irvine, is also helping the RMTC team, lending expertise in the research approach and practice.

The CPD workshops included drumming, songwriting and vocals, an introduction to music therapy, and music for families. A similar programme of workshops will be on offer for 2011, with full details available from the Centre website, www.rmtc.org.nz. The Centre also ran a workshop over several days for siblings of children with special needs, which was well received and will run again in January 2011.

Although a charitable trust set up to offer subsidised or free music therapy to children in need, RMTC also tries to support the music therapy profession as much as possible by

getting the word out about the benefits of music therapy. This year staff presented to a range of organisations, including the Auckland Dyspraxia Support Trust, Hearing House, MOE Group Special Education Auckland, and the Combined Auckland Paediatric Therapists.

Papers, poster presentations or stands on RMTC and music therapy were also featured at the following: Infant, Toddler and Pre-school Mental Health Conference; Auckland University's Brain Day; Ministerial Review of Special Education; Know How Day; Australian and New Zealand Art Therapy Association Conference; and Autism New Zealand Conference.

The year would not be complete without at least one party! This year's Music Therapists' Fundraiser at the Baptist Tabernacle on Queen Street was a magical event, succeeded in its aim of providing a music event that could be enjoyed by mainstream and special needs children alike, and their parents. It was wonderful to see the RMTC therapists displaying their full musical talents.

The other event for the year, a first for RMTC, was its Open Day. This was attended by about 80 people, including teachers, speech language therapists, parents, Centre supporters – including Patron Boh Runga and music ambassadors Karl Steven and Don McGlashan – and representatives from the Ministry of Education, CYFS and local district health boards. Talks ran throughout the afternoon event, case studies were presented, and one of the therapy rooms was devoted to information on the Centre's Outreach programmes. The event finished, in party mode, with music from classical guitarist Francisco Barros and contemporary three-piece The Verandahs.

Call for Submissions to the NZJMT Number 9, 2011

by Karen Twyford, Editor NZJMT

Author's interested in preparing an article for review for next year's volume of the NZJMT are encouraged to do so by January 31st 2011. Please refer to the MThNZ website for further information regarding submission guidelines. Articles may be accepted which arise from research, clinical and professional perspectives, case studies, interviews of interest, or from experience in music therapy or in related professions. Reviews may be accepted on books, software and DVDs. All articles will be anonymously peer-reviewed by two or more reviewers, with at least one of them being a music therapist. Mentoring is available for newer authors who are interested in preparing an article or review for publication. Please contact me at karen.twyford@xtra.co.nz to discuss this notion further or for other journal related questions.

Registration Board Update

Deadlines and timing for applications to the Music Therapy New Zealand Registration Board in 2011

The Registration Board is scheduled to meet twice in 2011. All applications for renewal of practising certificates and other applications will be considered at the two scheduled meetings.

The first meeting will be in April 2011. The deadline for submitting applications is 1 April 2011.

The second meeting will be in October 2011. The deadline for submitting applications is 1 October 2011.

All applications for renewal of practising certificates due to expire between January

and July 2011 must be submitted in time for the April meeting (ie. submitted no later than 1 April 2011).

Applications for renewing practising certificates due to expire between July and December 2011 must be submitted in time for the October meeting (ie. submitted no later than 1 October 2011).

Application forms are available at www.musictherapy.org.nz.

Questions can be directed to the Registrar, Petra Press, at petra.press@xtra.co.nz.

Best wishes for the festive season from the Registration Board.

MusT 2011

The next edition of MusT is due out late March 2011. If you have ideas for contributions or an article to submit for consideration please contact the [Administrator](#).