

musT

a newsletter from



music therapy
new zealand
Te Roopu Puoro Whakaora o Aotearoa

the new zealand society for music therapy inc
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www.musictherapy.org.nz

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Chair:	Judy Field
President:	Daphne Rickson
Acting Secretary:	Morva Croxson
Administrator:	Lynn Gestro

From the Chair

by Judy Field

Kia ora tatou,

We have already reached the middle of another year and the climate around us seems to be one of change in several areas that could affect Music Therapy. Most of these changes are politically based, in areas of education and health, and we watch with interest to see where changes can take us. I follow with interest the implementation process of the new New Zealand Curriculum

for Schools and as I read through the first section of the document, relating to values and key competencies especially, the implications for the use of music therapy, with some students in schools, are quite clear.

While we must keep looking towards the future it is important that we look back. For many years, in spite of the enthusiasm of our members, we were unable to even think about the profession of music therapy on a wider scale because of the lack of music therapists. It was with much pleasure that Council was advised in the last Registration

Board report that the number of Registered Music Therapists in the country has now passed the 50 mark. This is an exciting achievement and it is now time to do our utmost to increase awareness throughout all centres of the country.

We need to encourage many more supporters to join Music Therapy New Zealand (MThNZ) to help us extend the knowledge about, and benefits of, the profession.

Council finds it necessary to stay abreast of the changing times by reviewing and updating MThNZ documentation to better reflect the increase in therapists and changes within MThNZ itself. Council members are to be thanked for their patience and generosity with time for this work. The same applies to Registration Board members, who have also been most generous with their time, in meeting, and keeping the Registration documents up to date.

It is good to see that we have good representation at the MENZA Conference in Christchurch during the first week of the July school holidays. Some of our Registered Music Therapists are presenting papers and others are attending as participants over that week.

We look forward to the weekend in Wellington in August when we have workshops scheduled as well as the Annual General meeting. A major benefit of a weekend like this is the opportunity to network. All music therapists, members, other professionals and anyone at all with an interest in music therapy is encouraged to attend. This is where future graduates can be inspired, where supporters can decide to become members, and professionals in organisations and teachers in schools can see and hear of the benefits of employing music therapists. I encourage you all to invite people you know with an interest in music therapy to come along to the public music

therapy workshop available over that weekend in Wellington. I am sure by August the weather will have improved and Wellington will be springlike – just imagine it – however in the meantime try to stay warm and dry.

Judy Field
Chair
Music Therapy New Zealand

Obituary – Alice Fieldhouse

by Morva Croxson

AFFECTIONATE MEMORIES FROM THE MUSIC THERAPY WORLD.

Although Alice's pre-eminence in the early nursing education world is the most important legacy she leaves, the New Zealand Society for Music Therapy (NZSMT), now Music Therapy New Zealand, appreciated Alice highly for her supportive role to the early development of music therapy in this country.

Alice's late husband, Professor Arthur Fieldhouse, was central to the establishment of the national society and to taking the first steps towards professional training of music therapists. He chaired the Society in the late 70's and was President in the 80's. The careful nurturance of professional content and proper committee and career procedures took place in the Fieldhouse home, in Perth St and later in Wadestown. Alice looked after us all in her quiet, interested way, and many the time she imparted a small but significant piece of information to help us on our way.

In later years she kept in touch with the Society, attended all our functions, and again shared her thoughts. At a personal level I was fascinated by her stories of war-time and immediate post-war work in Europe, where she was asked to train young women quickly and professionally to take up the huge

rehabilitation task needed to deal with severe war injuries and serious civilian physical and mental health problems.

Her nursing career was outstanding. This was covered fully in the warm tributes paid within the obituary published by the Dominion Post on Saturday June 27th this year. That article begins "Alice Fieldhouse was one of the great nurses of her era, a major figure in reshaping New Zealand's nurse education system, and was among the pioneers who helped revolutionise the way hospitals dealt with mums, babies and children. She was an innovator, self-effacing but determined, and equipped with the skills, knowledge and powers of persuasion to quietly subvert old doctrines and help foment change." Alice broke old-fashioned barriers in respect to direct care of mothers and babies, allowing the access of parents to babies in hospitals and in any many other ways enabling a more humanistic approach to be developed in the strict hospital sector. Also, with husband Arthur, she was a key person in developing Victoria University of Wellington's nursing studies at tertiary level, and that had been recognised by the university in the naming of the Fieldhouse Centre for Nursing Studies.

Alice was a reserved and modest person, but once that initial barrier was passed she was a caring and supportive friend to many of us. We valued her strong convictions and gained from them. She died in her 96th year.

Morva Croxson
President Emeritus
Music Therapy New Zealand.

Music Therapy weekend, 1–2 August 2009

Music therapy New Zealand (MThNZ) is hosting a music therapy weekend on 1–2 August 2009, for both Registered Music Therapists and the general public.

On Sunday 2 August, following on from the AGM, there will be a public Music Therapy Workshop, facilitated by Daphne Rickson, President of MThNZ for parents, teachers, healthcare professionals and other interested members of the public. Friends of MThNZ are particularly welcome.

The flyer and registration form, which can be found at the end of this edition of MusT, has further information. Feel free to let interested persons know about it. Registered Music Therapists can find out more information on RMTh-related events through the online Forum.

Celebrating Matariki and raising funds for Raukatauri Music Therapy Centre

A gourmet hangi and concert was recently held at Turangawaewae Marae to celebrate Matariki – the Maori New Year – and raise funds for the Raukatauri Music Therapy Centre.

The concert, featuring some of this country's best-loved musicians, is being screened on Maori Television in two parts – last Sunday June 28 and this Sunday July 5 at 8:00pm.

Music Education Conference

A notice from MThNZ went out to members about this upcoming July conference. The latest information can be found at www.music09.org.nz

Music Therapy Writing Workshop

The Raukatauri Music Therapy Centre and KS Productions are hosting a Music Therapy Writing workshop on July 11 from 10am to

4pm. The workshop, featuring Barbara Wheeler – music therapy clinician and professor and director of music therapy at the University of Louisville, Kentucky, USA, is open to music therapists and music therapy students, at a cost of \$50 (\$40 students).

Sarah Hoskyns keynote speaker at upcoming Australian conference

Fellow MThNZ member and Director of the Music Therapy Programme at the New Zealand School of Music, Sarah Hoskyns has been invited to give a keynote at the Australian Music Therapy Association (AMTA) National Conference in Sydney on 19 – 20 September 2009. MThNZ congratulates Sarah on this wonderful achievement.

Presentation by Clare O’Callaghan – esteemed Australian music therapy researcher and clinician

by Sarah Hoskyns

A presentation by Australian music therapy researcher and clinician, Clare O’Callaghan, will be held at the New Zealand School of Music (NZSM) Music Forum on Monday 27 July from 4pm – 5pm, room 209 Victoria University NZSM building (Kelburn Campus). Clare’s presentation is titled: “A music therapist’s practice research in palliative care: Creative methods and meaningful findings”. All MThNZ members are warmly invited to come to the Forum – no registration is required – just come along.

Registration Board News

The Registration Board is pleased to have received and processed several applications for provisional registration from new graduates. New graduates from the MMusTh at the New Zealand School of Music are encouraged to apply for registration towards the end of their training. Provisional registration has clear conditions attached which must be complied with before proceeding to full registration. The Board meets between 3–4 times per year. The next meeting will take place on the 23 May (applications have now closed for this meeting) and a provisional date has been set for August. The meeting dates will be advertised as soon as they are confirmed.

As you may know, the Registration Board is an independent body whose core business is registering Music Therapists and maintaining standards in the profession. At the present time, it is not viable for the Board to be financially independent. We therefore acknowledge the financial support given by the Council of MThNZ.

The following are important changes about which the Board wishes to inform Registered Music Therapists, members of MThNZ and Music Therapy students.

ONLINE REGISTER OF REGISTERED MUSIC THERAPISTS

The Board, in collaboration with MThNZ, plans to launch an online Register. In line with other registration bodies, it is important that anyone can check if the music therapist they have employed or wish to contract, is registered. The online register will contain the following information:

- The Registered Music Therapist’s (RMTh) name
- The RMTh’s geographical location
- Registration certificate number

- Status of registration i.e. Provisional, Full or lapsed
- Expiry date of current practising certificate.

The online register will not contain contact details.

Should RMTs wish to have their contact details on the MThNZ website, there is separate provision for this.

INCREASE IN REGISTRATION FEES

The Board is currently reviewing the fee structure. The reason for this is to reduce the need for financial support from MThNZ. It is likely that the fee for registration and practising certificate renewals will increase. We will notify members of the revised fee structure in due course.

YOUR VIEWS

The Board would like to hear from any members regarding your opinions about the above information. Please send any comments to: Petra Press, Registrar at petra.press@xtra.co.nz or Claire Molyneux, Chair at Claire.molyneux@gmail.com.

NEXT REGISTRATION BOARD MEETING

The Registration Board will next meet in August 2009. All applications for registration and practising certificate renewals will need to be received by Monday 3 August 2009 in order to be considered at the August meeting.

Please submit applications to the following address: Music Therapy New Zealand Registration Board, PO Box 10352, The Terrace, Wellington 6143. Application Forms are available from the website www.musictherapy.org.nz or via email: petra.press@xtra.co.nz.

Music Therapy New Zealand Registration Board

Next Council meeting and AGM

The AGM for Music Therapy New Zealand will be held on 2 August at the NZSM. An Agenda will be sent out nearer the time. If there are any items you wish to have raised at the AGM please contact the Administrator via info@musictherapy.org.nz. The next Council meeting will be held on 4 October 2009.

MusT dates to remember

The next edition of MusT is due out at the end of September. Please submit by 4 September 2009 your articles or ideas/ topics of interest you would like included in the September edition to the Administrator via info@musictherapy.org.nz.

Usual publish dates for MusT are 31 March, 30 June, 30 September and 31 December. Deadlines for articles are 3 weeks prior to publish dates.

Music Therapy Workshop & AGM

Open to the General Public

**Sunday 2nd August 2009, New Zealand School of Music,
Wellington**

AGM 10:30am – 12.30pm

Music Therapy Workshop 1:30pm – 3:30pm

Facilitator: Daphne Rickson, President of Music Therapy New Zealand

Music Therapy New Zealand (MThNZ)

MThNZ supports the development and promotion of music therapy with the aim of making music therapy services available to all people who are likely to benefit from it.

Who can benefit from music therapy?

Music therapy is effective with people of all ages and abilities, from newborn babies, through childhood and adolescence, to adulthood and the end of life. People who have physical, social or emotional difficulties can benefit from music therapy.

Want to learn more?

Perhaps you are a parent, teacher or healthcare professional seeking help for someone in your care, or simply an interested member of the public. Come and attend the MThNZ music therapy workshop, where you can learn about how music therapy may be able to help you or someone you know.

This workshop is free to MThNZ members. For non-members the cost is \$40, which will give you a Friend membership to MThNZ for one year. Lunch is available at an additional cost of \$15pp.

If you would like to attend please complete and return the registration form below, or visit www.musictherapy.org.nz.

